Informed Consent, Waiver and Release of Liability in consideration of entry into the _____, intend to be legally bound and due hereby agree to be legally bound for myself and for all successors in interest that I may have, by this Consent, Waiver and Release of Liability, and hereby agree to hold harmless and indemnify Liability, and hereby agree to hold harmless and indemnify the Schildwache Potsdam e.V. and the City of Potsdam, its members, assistants, volunteers, assigns, or agents of any type whatsoever acting on or in behalf of the aforementioned entities and persons, against any claims for damages or other claims for injuries or losses of any kind suffered by me or any others, directly or indirectly, arising out of any practice, instructions, or other activity related to this program as well as participation in this program or traveling to or from this program or any other activity related to this program. I understand that the City of Potsdam has merely leased space to the Event, and neither it, its members, assigns nor agents specifically promote or endorse the event's programming, and are to be held blameless for any issues arriving therein. I understand that the martial arts exercises and training methods to be taught and applied will require me to be in good physical condition. I certify that I am physically able to participate in this activity and will further hold the Schildwache Potsdam e.V., as well as any members, assistants, volunteers, assigns, or agents of any type whatsoever acting on or in behalf of the aforementioned entities and persons, harmless for any injury entities and persons, harmless for any injury sustained in the course of this training due to any physical defect or condition that I may have, whether now known or hereinafter discovered. I further acknowledge that in consideration for this training, this release shall not expire and shall be considered effective in perpetuity. I understand that the program curriculum reflects a study of historical fighting arts of the renaissance era for the purposes of cultural heritage and recreation, and the instructors in no way advocate that I should seek confrontations. I hereby understand that in light of these statements, I hold myself exclusively responsible for the ethical and legal repercussions to my behaviour and actions, and, I hereby waive the Schildwache Potsdam e. V., as well as members, assistants, volunteers, assigns, or agents of any type whatsoever acting on or in behalf of the aforementioned entities and persons, of any liability for my actions. I acknowledge that if I am uncomfortable with any situation or individual that I may immediately state so, and that it is my right to remove myself from the situation immediately and that I am encouraged to do so. I understand that all decisions are made in consideration of my personal safety and the safety of others. I have understood all that is expressed in this waiver and release of liability, and I certify that I am of sound judgment, legally competent to agree to this waiver. Additionally, I certify that I am eighteen years of age or older, or a legally emancipated adult.

Signature

In Case of Emerge Contact:

Code of conduct

| The, organized by the Schildwache Potsdam e.V., should be a safe space |
|--|
| that offers a constructive atmosphere in which everyone can feel comfortable and in good hands. |
| Therefore, all participants, instructors and organizers as well as all helpers are expected to behave |
| respectfully and to adhere to this code of conduct at all times. Anyone who shows discriminatory |
| harassing behavior will be excluded from the event. This includes – but is not limited to (!) – discrimination |
| in relation to origin, gender or gender identity, sexual orientation, ethnic or religious background, as we |
| as all abilities of a person; also verbal, physical and sexual harassment. Any behavior that suggests racism |
| homophobia, sexism, transphobia, bullying etc. will not be tolerated in any way, as will membership |
| fascist groups, wearing fascist symbols or insignia and / or spreading fascist beliefs. This includes – but |
| not limited to – "white supremacy", neo-Nazi, "alternative rights" or homophobic / sexist / trans-exclusive |
| ideologies. |
| It is your responsibility to ensure that exercising and spending time with you is the most enjoyab |
| experience possible for everyone involved. |

- Respect each person's pronouns. If you are not sure how a person would like to be addressed, try to express yourself as gender-neutral as possible. If you yourself use a pronoun outside of heteronormative practice, please consider making it easier for others to respect your needs by telling them your preferred pronouns. No comments that make someone feel uncomfortable. Be sexist or otherwise.
- The person at the recipient end decides what is OK as a joke or comment, not the one who
 makes it!
- Everyone should pay attention to proper personal hygiene. (Fragrances that are too strong can
 have an unpleasant effect on sensitive people. Do not only use appropriate deodorants, etc.
 Cleanliness is sufficient.)
- All partner exercises require explicit mutual consent.

Date

Respect the boundaries of others and feel free to communicate clearly where yours are. No
unauthorized body contact! Respect the instructors. If you disagree or want to elaborate on
aspects of your teaching, save that until after the workshop. However, respect does not mean to
put up with behavior that violates this code of conduct!

Everyone is encouraged to adhere to these rules. Disregard or non-compliance can lead to exclusion (without refunds) from the event. If anyone – including instructors, organizers and helpers – shows behavior that violates these rules or makes your stay uncomfortable in any other way, please contact one of the organizers so that further steps can be taken. If you have any questions about any of the items listed here, please don't hesitate to do a quick research and / or ask us. Understanding is fundamental to respect. In general, when in doubt, err in favor of respect!

I hereby agree to the Code of Conduct and will declare myself to take part in this collective responsibility to create a safe and friendly environment.

| Signature | | Date |
|-----------|-------------|------|